



# Slopes & Trails

**PHILADELPHIA PA**

March 2009 [www.buckridgeskiclub.org](http://www.buckridgeskiclub.org)

## **UPCOMING MEETINGS**

*We have a full year of programs lined up—come out and see what we are doing!*

March 11—Going to Mongolia with Joan Strachota

April 8—Biking in Israel with Dave Singer

May 13—Elections & Year End Review

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*The position of program chair is still vacant. This is easier than it looks—the past year practically put itself together! Contact Dave Singer if you have an interest in this area.*

## **NOTED IN PASSING...**

Larry Hardin, former vice president of the club and active boater, passed away in early February. The club made a \$25 memorial donation in his memory.

## **EPSC LIFT TICKET UPDATE**

*Don't forget the April 1 deadline for lift ticket refunds!*

## **Welcome New Members!!**

**Abbott, Clarke**

400 Sierra Court, Newark, DE 19711

H: 302-235-2936 / email: [fcabbott@verizon.net](mailto:fcabbott@verizon.net)

## **Club News & Notes**

### **February Meeting**

Those attending the February meeting enjoyed a presentation by Mel Stiles on his hike of the Long Trail north from Killington this past September. He hiked through two tropical storms and had freezing weather to boot!

Members are reminded that officer and award nominations are now open. If any member has an interest in serving on the board, or would like to recommend someone for an award, please contact one of the committee members. The officer nominating committee consists of Gene Adams, Mary Ann Popma, Terry McGinn, John Theodore, and Mike Fernandez; the awards nominating committee consists of Dave Singer, Mike Fernandez, Linda Baker, and Jalna Schuler. Nominations must be in before the April meeting.

In new business, Glenn Weisel was appointed to chair a new Welfare committee. Anyone hearing of someone who is sick (or worse) please inform Glenn.

### **Last Chance to Save at Stowe Mountain!**

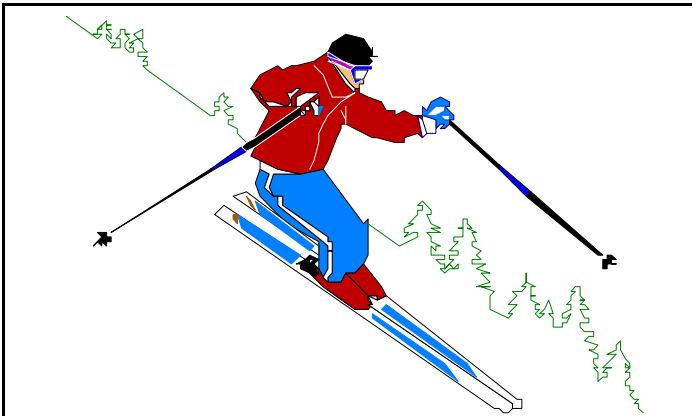
Stowe Mountain's last Ski Club Appreciation Days for the year are March 18-22, 2009. Lift tickets are \$40 per day (less for multi-day tickets), and discounts may be available on area lodging when you mention Club/Council Appreciation Days.

Bring your ski club card and a photo ID to the Mansfield Guest Service Desk for these special rates. Pre-registration is not required, but feel free to call the sales office @ 800-253-4SKI with any questions.

Lodging requires reservations in advance; some lodges may require a week's advance notice. Reservations subject to availability. Let the lodging properties know that you are participating in Ski Club/Council Days 2008-2009.

Check out [www.stowegroups.com](http://www.stowegroups.com) for directions, more information, and the latest snow conditions.





The deadline for articles for the Slopes and Trails is the 15<sup>th</sup> of the month. Send submissions to:

Michael Fernandez  
 1118 Kings Highway  
 Swedesboro, NJ 08085  
 Phone: 856-467-5189  
 Email: amf72@verizon.net

If you would like a copy of the monthly newsletter, please contact Bill Raney at 610-356-5199 to be placed on the mailing list, or check the web site.

**OFFICERS OF THE BUCK RIDGE SKI CLUB**

President	Mel Stiles	856-478-4621 stilesmj@verizon.net
Vice-President	Dave Singer	856-424-5618 dsinger26@comcast.net
Secretary	Pat Beccia	610-664-9506
Treasurer	Terri Walklett	610-876-1728

**COMMITTEE CHAIRS**

Activities Chair	Marge Tarte	610-874-3162
Activity Treasurer	Kay Schmader	610-527-3969 kschmader@comcast.net
Biking Chair	Susan Hearn	215-386-8008 SLHearn@aol.com
Paddling Chair	Michael & Andrea Bruno	610-328-2338 andreabruno@verizon.net
Hiking Chair	Jim Calkins	610-558-6862 Jbcalkins@verizon.net
Lodge Chair	Mel Stiles	856-478-4621
Program Chair	<i>vacant</i>	
Ski Chair	Dan Aronson	215-643-7252 d.l.aronson@att.net
EPSC Council Rep.	MaryAnn Thomas	610-648-0049

**WOODBRIIDGE LODGE**

**Permanent Reservation Chair**

Joan Strachota 610-872-6459  
 jstrachota@comcast.net

Lodge Telephone Number 802-464-6591

Only if you have been repeatedly unsuccessful contacting the reservation chair for a key should you contact the following people:

Judie Sheffer 610-461-1848  
 Glenn Weisel 215-822-9459  
 Eliot Woodbridge 609-921-3229

**MEMBERSHIP**

BRSC is an outdoor club for people of all ages who enjoy companionship in outdoor activities.

For a membership application and procedure for joining, contact:

Mary Ann Popma, Membership Chair  
 1037 Warren Road, West Chester, PA 19382  
 email: mapopma@verizon.net  
 610-692-5928

Annual Dues: \$20 Individual / \$23 Family

**CHANGE OF ADDRESS**

If you are moving or changing your email address and want to keep *Slopes & Trails* in your mailbox or inbox, please notify:

Merle Roemer  
 4 Anser Lane  
 Lewes, DE 19958  
 E-mail: mroemer27@mchsi.com

**REGULAR MEETINGS ARE THE SECOND WEDNESDAY OF THE MONTH, 8 pm AT SPRINGFIELD MASONIC HALL ON RT 320, SPRINGFIELD (DELAWARE CO.) PA. NO MEETING IN JUNE, JULY, OR AUGUST.**

## ACTIVITIES & TRIPS

### SKIING



We're heading into the tail end of the ski season. This year, the cursed January Thaw seemed especially evil—it first made a brief early appearance the week after Christmas, and then gave way to a marvelous January. But when we thought we would escape, it came back with a vengeance just before President's Day weekend in February. Night-time temps were in the 40's at the lodge! Fortunately, the warm spell ended with a good snowfall that kept the saturated snow from turning into a skating rink, and the forecast into March looks snowy. Don't hang your skis up yet!

For those who refuse to give up early, we still have the *spring weekend in the White Mountains* to ski both Tuckerman Ravine as well as area resorts (Wildcat or Sunday River) that may be open. This trip will coincide with the running of the Tuckerman Inferno, a pentathlon race capped off with a ski race down Tuckerman's Ravine—sure to be exciting! Contact Mel Stiles for any last minute availability on this trip.

### Eastern Pennsylvania Ski Council

#### Council News

Remember to return any unused lift ticket vouchers to Ken Foster no later than April 1 for a refund; there is a \$1 processing fee on returns this year.

Buck Ridge will be sponsoring the EPSC board meeting in mid-May. The date is TBA, but will be after the May BRSC meeting. The dinner meeting will be held at the Best Western Inn at the Lansdale exit off the Northeast Extension, and all members are invited to attend. Volunteers will be needed to assist the night of the meeting. Contact MaryAnn Thomas for more details.



### BIKING

Registration forms for the Kent County Spring Fling over Memorial Day weekend were in the February newsletter and are available on-line. This popular event fills early—contact MaryAnn Thomas to see if space is still available.

### HIKING

#### SHORT HIKES START ON MARCH 18, 2009

There may still be snow up north, but spring is just around the corner in our area. The Wednesday short hikes will start again on March 18. The meeting place is still the Value City parking lot at Routes 320 and 420 in Springfield, just a few blocks up Woodland Avenue from the Club meeting place and near Exit 5 of the I-476 Blue Route. We leave promptly at 9:30. Bring your lunch and wear comfortable shoes and socks. Sneakers are not suitable for many of the trails. If you have questions, please call Jim Calkins at 610-558-6862.

Here's the spring schedule:

- |          |                                     |
|----------|-------------------------------------|
| March 18 | White Clay Creek Trail (in PA)      |
| March 25 | Struble Trail                       |
| April 1  | Bonner Park                         |
| April 8  | Valley Forge / Betzwood             |
| April 15 | Linville Trail                      |
| April 22 | White Clay Creek Park (in Delaware) |
| April 29 | Marsh Creek State Park              |
| May 6    | Wissahickon                         |
| May 13   | Jenkins Arboretum & Valley Forge    |
| May 20   | Smedley Park / Blue Route Trail     |
| May 27   | Sadsbury Woods                      |



#### Last Minute News—Wilderness First Aid Course

The Outdoor Adventure Club (OAC) at Widener University is offering a Wilderness First Aid certification (WFA) certification course in collaboration with the University of Pennsylvania's Department of Recreation. **Wilderness First Aid** is a two day introduction to general medical concepts and Basic Life Support skills. It's targeted to the outdoor enthusiast on day trips or short adventures. Wilderness Medicine differs significantly from standard Red Cross courses and other programs that are oriented toward the urban environment. This course teaches what to do with a medical emergency when help is miles away and calling 911 isn't an option. WFA prepares students for emergency situations that involve prolonged patient care, severe environments and improvised equipment.

The program will be held at Camp Edge in Alloway, NJ from Saturday, April 4 to Sunday, April 5. Wilderness Medical Associates will facilitate the instruction. Upon successful completion WMA issues a three-year WFA certification. Details about the program can be found at our link: <http://www.widener.edu/wellness/wfa.asp>, or email Michael Lombardo, Ass. Dean for Student Affairs at Widener U. (and BRSC member) at [mslombardo@widener.edu](mailto:mslombardo@widener.edu)

*Ed. note: I took this course in the fall, and it was excellent!*

With the forecast a real mixed bag of conditions, a lot of folks were reluctant to commit to a busy holiday weekend in Vermont. Those that did, however, were treated to a real mixed bag of activities.

After a wet, rainy start and an overnight high of 44 degrees, falling temperatures turned rain showers to snow showers. Early arrivers awoke to a fresh snowfall of about 4 powdery inches. This kept the rain-saturated snow from freezing solid overnight, and actually made for some respectable "eastern" downhill ski conditions. For cross-country skiers, conditions were excellent provided you could stay in the woods or on sheltered trails—the light powder coat gave good control on top of a firm base.

But this trip was about more than skiing. If you were tired of skiing or didn't want to deal with expensive lift tickets and long lines, we found two other things to do:

### 1. Go ice skating...underground!



Dorset Mountain, north of Manchester and about 40 miles from the lodge, is known for its marble mines. From a back road on the east side of the mountain, not far from the junction of Rt 7 and 7A, an uphill walk of a little over a mile brings one to an abandoned marble mine. Most of the mine has flooded inside, and makes a glass smooth ice rink. Bring your skates, skis, sleds, and a grill—everyone else does. And don't forget a headlamp! This was definitely a unique experience, and the woods roads that criss-cross the mountain made for challenging xc skiing as well.

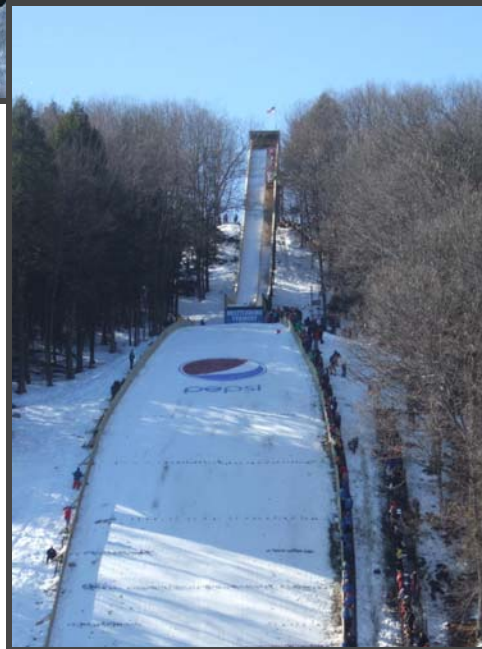
### 2. Watch future Olympic ski jumpers...and play in the mud!

Harris Hill in Brattleboro is one of the few FIS sanctioned ski jumps in the east. First constructed in the 1920's before ski jumping was an Olympic event, this year was its grand opening after a multi-year restoration. The event spanned two days,

## XC Weekend... It's Not Just for Skiing!!

and was quite the social happening in Brattleboro. It was just like being at the Olympics, only better—more cowbells and no lines! The only drawback to be seen was the mud.

The jump ends in a corn field, and with warm weather earlier in the week the top two inches had thawed and turned to liquid mud. But even the mud could not dampen the spirits of the folks attending.



In addition to local favorites (including the high school nordic ski team!), competitors came from across the US as well as Slovenia and Austria. First place went to an Austrian, with a jump of over 100 meters. This link provides an interesting local perspective on the event: <http://www.greenmountaindaily.com/showDiary.do?diaryId=4033>

The event apparently will be held every Presidents' Day weekend—hopefully, next year will be without the mud! -amf



**EASTERN PENNSYLVANIA SKI COUNCIL**  
**Prepaid Voucher Order Form 2008-2009 Discount Lift Tickets 1**  
**THIS INFORMATION IS FOR EPSC MEMBERS ONLY**

Club Name: \_\_\_\_\_ Member No. \_\_\_\_\_ Date: \_\_\_\_\_

Mail tickets to: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: Day \_\_\_\_\_ Evening \_\_\_\_\_

AREA	TICKET TYPE	QTY	PRICE	TOTAL \$
Big Two	Regular Adult Daily / Midweek (19 +)		\$31.00	
Big Two	Student/Youth (Ages 7-18 ) Anytime		\$28.00	
Big Two	Night Ticket (4 pm to Close)		\$22.00	
Big Two	Weekend - Reg Adult		\$36.00	
Blue Mountain	Weekday (Full day/Twilight)		\$33.00	
Blue Mountain	Weekend		\$41.00	
Blue Mountain	Weekday Night		\$25.00	
Elk Mountain	Weekday (Non-Holiday)		\$37.00	
Elk Mountain	Weekend (Sat & Holidays)		\$46.00	
Sno Mountain	Weekday <b>SEE LIFT TICKET RATE SHEET</b>		X	
Sno Mountain	Weekend <b>SEE LIFT TICKET RATE SHEET</b>		X	
Bear Creek	Weekday (all day)		\$26.00	
Bear Creek	Weekend/ Holiday (all day)		\$47.00	
Bear Creek	Evening 4 pm-10 pm		\$19.00	
Spring Mtn.	Weekday		\$19.00	
Spring Mtn.	Weekend /Holiday		\$29.00	
Spring Mtn.	Night		\$16.00	
Ascutney*	Adult (Limited Supply Available)		\$34.00	
Bolton Valley	ANYTIME— <i>purchase @ ticket window with coupon</i>		(\$29.00)	N/C
Bromley *	Adult anytime 13& up		\$39.00	
Bromley *	Jr. 6-12 ANYTIME		\$30.00	
Gore/Whiteface*	Adult ANYTIME		\$44.00	
Jay Peak*	Adult age 19+ ANYTIME		\$36.00	
Okemo*	Adult 19-64 ANYTIME		\$57.00	
Okemo*	YOUNG ADULT/SENIOR 13-18 or 65-69 ANYTIME		\$47.00	
Okemo*	JUNIOR/SUPER SENIOR 7-12 or 70+ ANYTIME		\$36.00	
Mount Snow*	Adult (Use discretion – only 10% returnable)		\$53.00	
Sugarbush*	ANYTIME - - all ages		\$47.00	
Stratton *	Adult ANYTIME		\$48.00	

\* Indicates returned vouchers will receive credit for next ski season.

Note: Always be prepared to show ID.

**Total Amount Enclosed** \$ \_\_\_\_\_

**Office Use Only:**

**Date Sent:** \_\_\_\_\_

**Check #** \_\_\_\_\_

Make checks payable to: Eastern Pa Ski Council

**Mail Order form with check to: Ken Foster, 163 New Jersey Avenue Chalfont, PA 18914-3003 Phone: 215-822-1413**

**NOTICE: Please remember, any unused vouchers which cannot be used next ski season must be returned to me N.L.T.**

**April 1, 2009**

## BUCK RIDGE SKI SCHEDULE 2008-2009

**Ski Chair: Dan Aronson – 610-643-1608**

DATE	TRIP NAME	LOCATION	LEADER	DEPOSITS *	
				MEMBERS	GUESTS
Dec 12-14 Fri-Sun	Hunt for Snow I	Vermont Lodge	Mel Stiles 856-478-4621 stilesmj@verizon.net	\$30	\$40
Jan 2-4 Fri-Sun	January Junket	Vermont Lodge	Keith Richards 802-334-1254	\$30	\$40
Jan 29-Feb 1 Thu-Sun	ESPC Winter Carnival	Killington, VT	Dan Aronson 215-643-1608 d.l.aronson@att.net	See Flyer	
Feb 1-6 Sun-Fri	Sugarloaf Mid Week	Sugarloaf, ME	Glenn Weisel 215-822-9459 glennskisail@verizon.net	See Flyer	
Feb 1-6 Sun-Fri	Vermont Mid Week	Vermont Lodge	Dan Aronson 215-643-1608 d.l.aronson@att.net	\$75	\$100
Feb 12-15 Thu-Sun	Cross Country Weekend	Vermont Lodge	Mike Fernandez 856-467-5189 amf72@verizon.net	\$45	\$60
Feb 20-22 Fri-Sun	Paddlers' Weekend	Vermont Lodge	Lev Barinov 610-668-8996	\$30	\$40
Feb 22- 28 Sun-Sat	Jay Peak Mid Week	Jay Peak, VT	Dave Stern 856-427-6976 walkgc@verizon.net	See Flyer	
Mar 21-28 Sat—Sat	Western Ski Trip—Park City, Utah	Park City, UT	Dan Aronson 215-643-1608 d.l.aronson@att.net	See Flyer	
Apr 16-20 Thu-Mon	Tuckerman Inferno	Mt Washington, NH	Mel Stiles 856-478-4621 stilesmj@verizon.net	See Flyer	

**Woodbridge Lodge  
2008-2009 Season**

\* Member's Rate

**\$ 15.00 Per Night**

\* Guest's Rate

**\$ 20.00 Per Night**

*To sign up for ski trips, please send a (signed) release form to the trip leader along with your registration form and deposit for each Buck Ridge ski trip. \* NOTE: Above deposits are based on the lodge fee times the maximum number of days in the trip. Please adjust (increase or decrease) deposit to account for the number nights that you will be staying at the lodge. There is no deposit required for children six years of age and under, but the trip leader needs to know his/her name.*

### REGISTRATION FORM

TRIP NAME:

DATE OF TRIP:

NAME(S):

ADDRESS:

TELEPHONE #:

OPTIONAL: Please indicate your roommate preference(s):

### RELEASE FORM

*In consideration of the benefits derived by me from membership in the Buck Ridge Ski Club and the use of its facilities, I release said club and its members from all responsibility on account of personal injury to me or my minor children, or damage to my personal property which may occur by reason of my/our participation in the activities of the club.*

SIGNATURE(S):

DATE:

SPOUSE (or Guardian) SIGNATURE:

## WOODBIDGE LODGE – RESERVATION FORM

*Note: Ski season reservations may only be made after October 1.*

### WOODBIDGE LODGE USAGE RATES (rev. 7/2004)

Season	Nov 1 – Apr 30	May 1 – Oct 31
Members	\$15.00	\$7.50
Guests	\$20.00	\$10.00

Rates are the same on weekends and weekdays. Children 6 and under are free.

Member's Name	Date: (nights)	COST
1.		
2.		
3.		
4.		
5.		

**TOTAL:** \_\_\_\_\_

GUESTS are welcome when accompanied by a member. Maximum three (3) guests per member.  
Inviting member is responsible for guests complying with the Lodge rules and regulations.

Guest's Name	Accompanying Member	Dates: (nights)	COST
1.			
2.			
3.			

**TOTAL:** \_\_\_\_\_

Name, phone number, or Email where you can be reached:

\_\_\_\_\_

**Make checks payable to BUCK RIDGE SKI CLUB LODGE. Mail reservation form and payment to:**

Joan Strachota, 114 Maple Rd, Wallingford, PA 19086

Key Deposit - \$75. Issue a **SEPARATE CHECK** and send with reservation form & payment.

- Enclosed is my check for \$75. I understand that this key is due back **within 2 weeks after my planned trip** or my deposit check will be cashed. My check will also be cashed if key is lost in the mail.

Signed: \_\_\_\_\_

Any questions, email [jstrachota@comcast.net](mailto:jstrachota@comcast.net)

**RESERVATIONS will be CONFIRMED after payment In full is received.**

PLEASE USE THIS FORM FOR ALL RESERVATION REQUESTS



**On March 20— But there  
is still time for Snow!**

***In this issue:***

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**Buck Ridge Ski Club**  
c/o M Fernandez  
1118 Kings Hwy, Swedesboro, NJ 08085